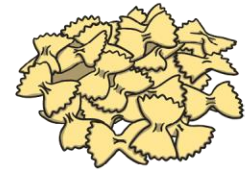


Summer Menu Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix	Shreddies	Cornflakes	Multigrain Hoops	Ready break
Morning Snack	Oat cakes & Pineapple	Crumpets & carrot sticks	Cream crackers & satsumas	Melba toast & Cucumber	Rice cakes & Apple
Lunch	Sweet and sour chicken/Quorn	Cottage pie with mix veg	Baked potato, cheese and beans	Vegetable pasta bake-garlic bread	Fish fingers, mash and peas
Pudding	Fruit salad	Melon	Peaches	Yoghurt	Bananas
Afternoon Snack	Bread sticks & dip	Scones	Flapjack	Watermelon	Pancakes
Tea/Dinner	Beans on Toast	Sandwiches, tomatoes/cucumber	Homemade pizza with veg	Scrambled egg on toast	Sandwiches & pom bears
Allergy Information	Wheat, Gluten , milk,barley. Oat's	Wheat, gluten, egg,	Milk, wheat, gluten, oats	Wheat, gluten, barley, milk, soya, eggs	<u>Wheat,Gluten,fish</u>

